

ShorePointe Village News

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Outing to Stahls Automotive Museum

Tuesday, April 24th at 1:00pm

Located in Chesterfield, MI Stahls Automotive Museum is a museum filled with over 80 Vintage cars! Cars date back as early as 1886, several from the 1930's & 1940's and later! All are welcome, but space is limited. The museum is wheelchair accessible and cost is free! Please see sign up with an Activities Staff Member!



Walk St. Clair Shores

ShorePointe Village will be participating in the St. Clair Shores 2nd Annual 28-Day Walking Challenge. The 28 Day Challenge runs from April 30th till May 27th and we will be walking on Tuesday and Thursday's at 1:30pm. We will be taking our shuttle bus over to Blossom Heath/Wahby Park to walk the beautiful, smooth sidewalk there! We are looking for a group of resident's who are willing to commit to join us for the 28 Day Challenge! Each participant will receive a "Walker packet" and join in on our twice-weekly walks. If you would like to "Walk St. Clair Shores" with us, please sign up with Heather Michael, Sales and Marketing Director or Celeste Lewis, Life Enrichment Coordinator. You are also able to participate on your own terms, at your own pace! We can provide "Walk Log Sheets" to anyone who would like to walk on their own, here at the Village and keep track of your steps!



From the Director's Chair

Greetings Residents and Family Members,

Happy April! Realizing that Spring had no intentions of coming early this year, I just as stubbornly took the liberty late last month of planting pansies and candytuft in our front entry pots. I received mixed reviews as I planted—those who cautioned me that I was taking chances with Mother Nature, but far more applauded the gesture as a collective declaration of, “Hurry-up Spring!”

How better to know that Spring is in the air than Opening Day, at Comerica Park last Thursday? Yes, I know...some may say, “Our Tigers stink this year”, and be that as it may! I am more inclined to eagerly await the players—whose names none of us will recognize—but who may, in fact, be the building blocks our boys need to get back into the race in a year, or two (or three?) from now. In any case, I will proudly display my faded, old-English D on my office door and be prepared to counter any fair-weather fan with, Bless You Boys!

I have begun putting out some feelers for consultations with local Master Gardeners who may be interested in helping us design our raised garden bed for our North/West courtyard. The attractive, paver foundation was laid last fall, thanks to the time and talent of our own “master” Plant Manager, Kavin Yaden, which will provide a wheelchair-navigable walkway on which our raised garden bed will be centered for all to enjoy.

We will continue to encourage our perennial cutting and rose garden, located in our East courtyard, to produce bountiful blooms—as always, on a “first-come-first-serve” basis, knowing that the more we pick (and enjoy ourselves or share with another) the more our garden will provide. A variety of herbs and tomatoes will also be planted in pots that will be within reach to pick and enjoy as they ripen, so be sure to visit often!

Our reading groups are growing! We have finished the second book of the “Beloved Mitford Series” and will begin reading book three, “These High, Green Hills” this month. This group is a read-aloud for our low-vision residents, meeting every Monday and Wednesday afternoon, at 4:00 pm in our Reflection room.

Our Book Club began last month and meets every Tuesday afternoon, also at 4:00 pm, for discussion of what has been read accompanied with a short historical documentary related to our selected title, “The Great Halifax Explosion”, by John U. Bacon. This group meets in the Activities Room, as our numbers seem to be growing, attracting residents, who are not reading the book, but are enjoying the lively discussions and learning the details of this amazing historic event!

Our next proposed Book Club title is “Sons and Soldiers”, by Bruce Henderson. Also a work of non-fiction, this author writes an inspiring story of the “Ritchie Boys” and their unique contribution to the Allied victory in World War II. Consider joining our group for a chance to experience exciting moments in history!

Look for our porch chairs to return soon and warm spring afternoons to enjoy! Go Tigers!

Warm Regards

Health and Wellness

ShorePointe Village was hit pretty hard by the flu in March of this year. If you didn't get it you probably know someone that did in your neighborhood. Every neighborhood in the facility had at least one resident that had either Nausea, Vomiting or Diarrhea and some had all three!

We know that this was a strain of the Norovirus; a gastrointestinal virus that has been relentless in the Detroit Metro area this year.

The incubation time for the virus once a person has been exposed is 12 to 24 hours. Once the symptoms have stopped then the person remains contagious or can spread the virus for up to 48 hours.

In order for us to consider our community clear of the virus we had to go for 48 hours without another resident or staff member coming down with the symptoms.

March 23rd was the last day that we had a newly identified case of the virus. Sunday March 25th was our first day where we considered our community to be virus free.

If something good could come of this outbreak it is what we have learned in the process. ShorePointe Village needs a better way of reporting and communicating with staff and residents so that similar outbreaks can be handled better in the future for faster recognition and containment of viral spread.

Right now I am working with our corporate offices to create a policy that works for our unique environment here at ShorePointe Village. Once the policy has been completed we will share it with the resident's and family members and answer any questions that you may have about the policy.

Debbie Hampton RN
Wellness Coordinator

From the Desk of Kavin Yaden

Spring is here, time to start getting the outside cleaned -up from this past winter. My Father used to say, "Snow hides a lot of sin" and what he meant by that was, the snow covers all the litter that accumulates during the winter. It was his way of telling me to perform a spring clean-up on our property. Along with the Villages spring clean- up we' ll be cleaning outdoor furniture, opening the screened in porch, turning on the sprinkler system and checking it for leaks. By the time April is over the flowers will be blooming and the song birds will have returned. Let's enjoy the annual transformation.

The nights are still cool and you'll still need your heat on. During the day it may get warm enough for you to want your Air Conditioning turned on. Let us know, if you should need assistants making temperature adjustment on your thermostat.

Until next time, I'll see you around The Village!

Volunteer Appreciation Month

April is Volunteer Appreciation Month and here at ShorePointe Village we are so thankful for our amazing team of volunteers who dedicate SO much time and talent to our community! We are honoring our volunteers by hosting a Volunteer Appreciation Tea Luncheon at the popular Royal Eagle Restaurant/Monastery. If you happen to see our volunteers (someone is here almost every day) be sure to say "Thank you."

Raymond Kettle	Catherine Herron
Joan Kettle	Cheryl McDonald
Romily Stackpool	James Zink
Joseph St. John	Gail McQueen
Joanne Giramonte	Fr. Richard Bartoszek
Kristina Simon	Deacon James Berch
Walter Wolf	Carol Berch
Claudia Tormondson	Deacon Thomas Strasz
Barbara Girgenti	Deacon Mike Barthel
Kim Smith	Deacon William Jamison
Barbara Bangs	Rev. Joshua Reynolds
Martha Bangs	Rev. James Rizer
Thomas McCarren	Rev. Hank Flatt

Morrison Senior Living

Easter Greetings!

By the time you are able to read this, the first of April will have passed. I really hope you enjoyed your lamb chops for Easter dinner!

For our "In Dinah's Kitchen" meeting, we talked about the ambiance of your dining rooms, and how it could be improved. We are busy formulating trainings for our new caregivers, as well as our seasoned veterans. We realize that it isn't only the food, it is a "total package" experience. It is also a "team effort" between all departments. Thank you so much for our fun and lively conversations! Your feedback is the biggest indicator of how we are doing!

I'm so glad the weather will be warming up soon. I will be hosting BBQ's on our Northwest Courtyard, by neighborhood. This is a great way to enjoy the outdoors and our beautiful patio. I'm hoping we can truly make it a stretched out, leisurely event. I love to hang out with the cook when they're grilling!

Even though it was an oddity for Easter to fall on April first, that doesn't mean we can't still make Easter treats! Our recipe this month is a fun one to do with little ones!

BIRD'S NESTS

INGREDIENTS:

½ stick butter

4 & ¼ cups mini marshmallows

¾ cup semi-sweet chocolate chips

4 cups roughly broken pretzel sticks (not rods), alternatively, you could use the same amount of Chinese chow mien noodles, I like mine with dark chocolate!

1 package mini candy coated chocolate eggs

METHOD:

Line at least 2 baking sheets with parchment paper. This recipe yields about 24 nests. Melt together butter and marshmallows in large pot, until smooth. Stir in chocolate chips until smooth. Remove from heat and stir in pretzel pieces. Drop by rounded tablespoon onto baking sheets. Work quickly! They can harden up fast! As you make each nest, press 3 pieces of candy coated eggs in center, making it resemble a bird's nest! Store in an airtight container, after cooled completely.

Enjoy!

Stacy Henderson

Director of Dining Services



In Touch with your Spirituality by Tom McCarren

He is Risen!

About 6 weeks ago, we marked the beginning of Lent on Ash Wednesday. On that day, we began a spiritual pilgrimage toward Calvary. Along the way, we may have reflected on spiritual reading, sacrificed something, prayed more, or some other act of repentance to help us journey closer to the Lord.

Lent concluded on the Thursday before Easter which is commonly referred to as Holy Thursday or Maundy Thursday. This is the day we remembered the washing of the feet and the last supper. Jesus gave us so much just hours before He would submit to the ultimate act of love.

Good Friday marked the day we remember just how loved we are. It is the day all Christians reflect on the arrest, torture, and crucifixion of our Lord Jesus Christ. We experienced a very wide array of emotions all the while remembering how loved we are.

Then came that glorious morning when we were awakened with the amazing reality that Jesus is Risen! He is alive and now sits at the right hand of the Father. Oh that glorious Easter morn. We had the opportunity to experience the wonder and amazement that Mary Magdalene felt when she encountered the risen Lord outside the tomb on that spectacular morning.

If you find yourself feeling a bit like doubting Thomas, I will testify to you that I have been to the tomb and seen with my own eyes that it is indeed empty. Blessed are those who believe who have not seen.

Our Lord of Lords, our King of Kings, and our Savior lives. He never stops interceding for us. His love for us is beyond measure.

God the Father loves us so much that he sent His only begotten Son to reveal all things of the Father to us. Jesus showed us mercy and compassion. He showed us love beyond understanding. Jesus taught us to love one another as He loved us. He opened the gates of Heaven so we can live in the hope of living with Him for all eternity in His Heavenly Kingdom. We long for the day when He says to us well done my good and faithful servant. Enter into My Fathers Joy.

So you see, the glorious Easter proclamation is not reserved for only one day. It is not a remembrance of what was, but rather an affirming announcement that He lives. We should shout it from the mountain tops every day. He is Risen indeed!

Chaplain's Corner

A greeting of peace and renewal to all the residents, staff and family members of ShorePointe Village this April-tide!

As we look forward to coming celebrations, Fools and Easter on the 1st, Passover ends on the 7th, and Earth day on the 22nd we remember how glorious are the cycles of life! May your springtime renewal bring you all that Life and God have to offer! Which one or more of the following statements resonate with you this season?

*To be of the Earth is to know
the restless of being a seed
the darkness of being planted
the struggle toward the light
the pain of growth into the light
the joy of bursting forth and bearing fruit
the love of being food for someone
the scattering of your seeds
the decay of the seasons
the mystery of death
and the miracle of birth!*

A poem by John Soos

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The Village Leaders

Director: Anne Khoury

Wellness Coordinator: Debbie Hampton, R.N.

Controller: Denise O'Neil

Sales and Marketing Director: Heather Michael

Plant Manager: Kavin Yaden

Life Enrichment Coordinator: Celeste Lewis

Morrison Food Service Chef Manager: Chef Stacy Henderson

Chaplain: Fr. Rich Bartoszek

